



Maximo Elementary

Home of the Mariners

Dear Students and Parents,

Welcome to Physical Education at Maximo Elementary School. You will have Physical Education 3 days per week for 50 minutes each day. We will be learning skills and activities focusing on responsible behaviors and values, lifetime fitness, movement competency, and cognitive abilities. We will assess students' fitness through Fitnessgram 2 times per year (pre-test and post-test). This will allow us to work with students and parents to set individual fitness goals and provide guidance in achieving them.

MAXIMO ELEMENTARY **PHYSICAL EDUCATION MISSION STATEMENT**

Our mission is to teach and instill life-long learning, fitness, healthy living, and personal and social responsibility. Keys to success will revolve around self-control, self-motivation, self-management, helping others, and applying all concepts and skills in school and the community throughout life. We strive to provide learners with the skills and values needed for life-long fitness and citizenship.

PHYSICAL EDUCATION 5 KEYS TO SUCCESS

- 1) SELF-CONTROL
- 2) SELF-MOTIVATION
- 3) SELF-MANAGEMENT
- 4) HELP OTHERS
- 5) APPLY CONCEPTS AND SKILLS EVERYWHERE

RECOGNITION FOR GOOD BEHAVIOR

EARNED ACTIVITY TIME
LEADER OR HELPER
POSITIVE REFERRAL/PHONE CALLS
EARNED PRIZES OR EVENTS

ILLNESS POLICY

If your child is sick or cannot participate in physical education, please write a note to the physical education department. A doctor's note will be required if the child cannot participate for more than 3 days.

NEEDED FOR PHYSICAL EDUCATION

The proper shoes are the most important item for class. Your child needs sneakers or rubber soled, closed toe shoes. Boots or dress shoes are inappropriate for the type of activities your child will be participating in during physical education. Failure to consistently wear the proper footwear may affect your child's grade. It is advisable for girls to wear shorts under their dresses or skirts so that they feel comfortable during activities. Water bottles are allowed for water only (no sports drinks or juices). Also, please label all sweaters, coats, jackets, hats and water bottles.

PE Cognitive Abilities (Understanding) Grading Scale (25%)

4	Can apply information and goes above and beyond grade level standards.	E
3	Identify, analyze, and evaluate movement concepts, mechanical principles, safety considerations, and strategies/tactics regarding movement performance in a variety of physical activities.	V
2	Can identify learning targets and useful vocabulary on way to achievement of the standard.	S
1	With help from the teacher, the student has partial success with the learning goal/standard of the unit	N
0	Even with help, not successful.	U

PE Movement Competency (Skill) Grading Scale (25%)

4	Can apply information and goes above and beyond standard expectations.	E
3	Demonstrate competency in many and proficiency in a few movement forms from a variety of categories (locomotor, non-locomotor, manipulative, non-manipulative, educational gymnastics and dance, aquatics).	V
2	Can identify learning targets and useful vocabulary on way to achievement of the standard.	S
1	With help from the teacher, the student has partial success with the learning goal/standard of the unit	N
0	Even with help, not successful.	U

PE Lifetime Fitness (Participation) Standard Grading Scale (25%)

4	ALWAYS participates with great amount of effort without warnings.	E
3	Participate regularly in physical activity (1-2 reminders in a week).	V
2	3-5 reminders for non-participation in a week.	S
1	6-8 reminders for non-participation in a week.	N
0	9 or more reminders for non-participation in a week.	U

PE Responsible Behaviors and Values (Conduct) Grading Scale (25%)

4	ALWAYS on task and cooperative and acts as a model student (no warnings).	E
3	Exhibit responsible personal and social behavior that respects self and others in physical activity settings (1-2 reminders in a week).	V
2	3-5 reminders for unsafe or non-responsible behavior in a week.	S
1	6-8 reminders for unsafe or non-responsible behavior per week.	N
0	9 or more reminders for unsafe or non-responsible behavior in a week.	U

We hope you will arrive ready to learn and have fun. We look forward to working with all students and parents to have a highly productive and successful year. We're eager to help students set and achieve their goals. You may view all grades on the portal system at any point throughout the year. We highly encourage parent and community involvement. Please feel free to contact us with suggestions or concerns at any time. We can usually be reached between the hours of 7:30 am-3:30 pm or by appointment if needed. We are here to help your student be successful and have fun. We value good student, parent, and community relationships and needs. We hope you enjoy the year and we are excited to have you as a member of our community!

Thank you!

Mark Bender and Emmerson Clarke

MAXIMO ELEMENTARY PHYSICAL EDUCATION DEPARTMENT

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